

November 2008

# ASSERT+NSW

AUSTRALIAN SOCIETY SEX EDUCATORS  
RESEARCHERS AND THERAPISTS NSW

Dear Colleagues,

I would like to extend an invitation for all our members and friends to attend the Assert NSW Biennial Conference on 29-30th of November 2008 which we are hosting in collaboration with the University of Sydney Graduate Program in Sexual Health.

We have invited two internationally recognised speakers as well as experts from Australia. The program offers something for everyone interested in, studying and working in the field of sexology. It also offers the opportunity to network with experts and educators working in the field of sexology. Valuable friendships can be started or established.

Maria Caetano

## Education Meeting 8.7.2008

John Brown MSc  
(Developmental Disability)  
MHSc (Sexual Health)  
Counsellor / Consultant

This presentation examined the internet and the development of sexually exploitive images of children. It described how the internet is used to traffic child pornography, locate children for the purpose of sexual abuse, engage in inappropriate sexual communication with children and to communicate with paedophiles. The presentation described the process of downloading, trading and producing pornography and internet seduction as well as discussing a variety of internet protocols that are used including: Email, web-

## Child Internet Pornography

sites, Peer to Peer and Newsgroups.

A typology of paedophile picture collections was described and included indicative, nudist, erotica, posing, erotic posing, explicit erotic posing, explicit sexuality, assault, gross assault and sadistic/bestiality.

The presentation discussed the important distinction between child pornography and pictures attractive to adults with a sexual interest in children. It emphasised that legal views and psychological approaches may differ and that not all pictures attractive to adults with a sexual interest in children are illegal. The question was asked, "How might the recent debate on

images of children posing nude for artistic purposes or on the cover of art magazines impact on this?"

A number of legal perspectives were described and discussed and the presentation concluded with case studies. The first case profiled a 40 year old man with a history of downloading pornographic images of pre-pubescent children and the second described a 50 year old man with a physical disability, who became involved with an adolescent boy who had made contact with him via an adult gay chat line.

Further information can be obtained by emailing John Brown.

[John@fiveislandsclinic.com](mailto:John@fiveislandsclinic.com).



Maria Caetano  
ASSERT NSW President



## Inside this issue:

NSW Conference	1
Child Porn	1
India visited	3
Supervision	2
Interesting article	4
Member's activities	4

## Skype Conference 5 May 20088-9pm

Topic: case presentation:

Idiopathic masturbation styles and sexual dysfunction

3 cases of men masturbating in prone position who subsequently developed ED or intravaginal anorgasmia.

### Discussion

- Theory of sexual dysfunction from prone masturbation

termed Traumatic Masturbatory Syndrome by Dr Lawrence I Sank, published in *Journal of Sex and Marital Therapy*. Heavy pressure on the base of the penis can not be replicated with conventional masturbation or with sexual intercourse

### Internet site [www.healthystrokes.com](http://www.healthystrokes.com)

developed subsequent to this article. Has treatment plan for learning to masturbate penis with hand. Has many case studies, testimonials, and internet research from site users. 4 000 000 since 2001. Reports that ED 5 times more likely and intravaginal anorgasmia or delayed orgasm 12 times more likely than in men who

learn to masturbate using their hand.

- Men’s relationships with their bodies can be tense, hard, unloving and have a genital focus.
- Give permission to masturbate
- Reassure female partner

that it is not their fault and normal behaviour.

- Retrain masturbatory style, encourage exploration of sensual touch, use of lubricant
- Encourage self stimulation in presence of partner or mutual masturbation

### INSIDE STORY HEADLINE

- Points for encouraging masturbation: avoid anoxic fibrosis; improved sexual function, teach partner and self what is pleasurable, enhance intimacy
- Expand focus from genital and intercourse to pleasurable activities.

- Discuss negative attitudes and religious beliefs

Anxiety due to late sexual intercourse, anxiety management strategies

## SEX in India – Snapshots from my visit to India in August 2008.



Ippadikku Rose

The comments made are totally observatory from my recent holiday travel to Tamil Nadu, India.

- **Transgender:**

The transgender community appears to have received the highest attention in the local media. The TV programs in which they participate or facilitate are super hit which indirectly explains that they are getting

more social recognition.

Web link: <http://www.behindwoods.com/tamil-movie-news/nov-07-01/01-11-07-vijay-tv.html>

## Mass media

The songs and scenes in the films are getting more and more sexualized. Now, it has reached a stage that TV shows performed by school and college students are more intimate, sensual and romantic. Five years ago, it is hard to see a TV program done together by a male and female. Of note, watched a Bollywood movie called 'Bhoothnath' in which

kids (girls probably aged less than 8) were dressed with low waist and mini skirts for a song.

Few clips of this song can be viewed <http://www.youtube.com/watch?v=OLw9GughaHE&feature=related>

## Herbal remedies for male sexual dysfunction - A very stunning observation of all

More advertisements are made in the City newspaper (Chennai Chronicle dated: 18 August 2008) for herbal treatments of male sexual problems. The instant remedy and unrealistic promises (results in 15 days) makes me question about the merit. On the other hand, it opens the gate for the public to seek

help with sexual problems.

Dr Vijay RAMANATHAN  
MBBS MMed - STI/HIV  
GradDip - HlthSc  
(Sexual Health)

PhD Candidate -  
Faculty of HlthSc, Uni  
of Sydney

**HEALTH**

**SEX PROBLEMS? MALE SEXUAL Disorders Excellent Herbal Treatment, FASTEST RESULTS, NO Side-effects. RAJPUT DISPENSARY, Since 1953, T.N.Govt. Regd.No.1051, Old15/ New27, Ellis Road, 2ndFloor, Mount Road, Chennai-2. Ph:98400-77788, 98400-99410. (C/SH/0809/C00927)**

**SEXUAL DISORDERS 100% herbal treatments no side-effects result in (90days) 45years experienceDr.M.K.Rahman (Govt. Regd.) 46, Ellis Road, Chennai- 2 M: 9790915477 (C/CT/0809/C01048)**

**SEX PROBLEM? Result in 15days Organ Small, Quick Discharge, No Erection, No Child, Sexual Weakness before Marriage after marriage, Sekar Clinic, Thiruvannamiyur (Opp Busdepo) Chennai-41/ 9840326724 (C/CT/0809/C01472)**

**FOR PENIS enlargement, 100% Herbal without any side effects. An ISO Company. Visit: www.kingcobrapills.com & www.sriramherbals.com for requirement. Suryaa: 98845-63326/ 080-41157746. (C/OH/0809/C01458)**

**SEXUAL PROBLEMS & Other Medical Ailments cured through Unani Herbal Medicine & Therapy without side effect. Dr.Ameen, Chennai- 14. Phone: 28481344 (C/CT/0809/C01115)**

**108% WORLD successful ayurvedic Sex solution for short penish & premature ejaculation. Ayurvedic formulae penish belt (22 days) ensured for longer stronger, stout & rock hard penish with full erection. Sanjivani pills has a surprise result Providing amazing sex power with 45 minutes permanent lasting. Praised by more than 18 million worldwide people. No side-effect. Permanent results. Ask: Dr.Suman, Ranchi. Ph:0651-2461081, Mob: 09835531674, 09939364557. (Rich) (S/0809/C20840)**

SMH Weekend Edition 14-15 June 2008

**Yes yes yes. 365 times.**

Article on 2 married couples who had sex every day for a year and then wrote a book about their experience.

A response to the common belief that "married sex" is almost an oxymoron.

A comment from a psychotherapist states: "There's all sorts of reasons people lose interest in sex with their partner – disappointments, life cycles, financial issues.

Just having it isn't going to resolve those".

**INTERESTING ARTICLE**

Mindfulness in sex therapy: Applications for women with sexual difficulties following gynecologic cancer

Lori A Brotto & Julia R Heiman

Sexual and Relationship Therapy Vol 22, No 1, February 2007



Members' Activities

**Child sexualisation**

Professor Catharine Lumby and Dr Kathryn Albury were invited to make a submission to

the Senate Inquiry and were invited witnesses at the Sydney hearing. All

the submissions are downloadable here:

[http://www.aph.gov.au/senate/committee/eca\\_ctte/sexualisation\\_of\\_children/submissions/sublist.htm](http://www.aph.gov.au/senate/committee/eca_ctte/sexualisation_of_children/submissions/sublist.htm),

and a pdf of the committee's findings is available

here:

[http://www.aph.gov.au/senate/committee/eca\\_ctte/sexualisation\\_of\\_children/report/report.pdf](http://www.aph.gov.au/senate/committee/eca_ctte/sexualisation_of_children/report/report.pdf)

A number of their recommendations were adopted by the committee. Both were

particularly involved with the recommendation of longitudinal research into

young people's interaction with representations of sexuality in the media;

and the recommendation that a national sex education curriculum be adopted

in Australia. The report also adopted their recommendation that a 'one stop

shop' be established to improve community feedback and complaint mechanisms

to media producers and the appropriate regulatory body.



Dr K. Albury (above)

Professor C. Lumby (left)